

Nine Rules of Hand Safety

Always stay alert and focused on keeping your hands safe – not just at the start of work or a task.



**Don't put your hands or fingers near the moving parts of a power tool or equipment. Make sure machinery, equipment and power tools are completely off before you try replacing, cleaning or repairing parts.
Follow lock-out/tag-out procedures.**

Use tools and equipment designed for the work being performed and use them as instructed by the manufacturer.



Identify safety features on tools and equipment before you use them, such as emergency off switches.

Keep guards on machinery and power tools in place – *don't remove or reposition them.*



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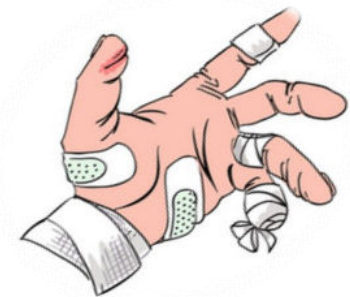
Select hand tools that are ergonomic for your hand (the right size, lowest weight, and have features such as grips, anti-vibration handles that allow you to work without your wrist bent.)



Keep hands and fingers away from sharp edges (blades, protruding nails, etc.) Never cut toward the palm of your hand.

Keep your hands clean. Wash your hands regularly and use hand sanitizer whenever you can.

Wear gloves that fit your hand and are right for the work being performed.



Check tools and equipment to make sure they are in proper working order before beginning a task.